

July 12, 2015 4:39PM

Print Page

Hudson Confidential: Balmville kids take on national breakfast challenge

Although breakfast has often been called the most important meal of the day, studies have shown that many American kids skip breakfast and face all-day fatigue.

Students at Balmville Elementary School in the Newburgh School District recently tried to help make breakfast more interesting not only for themselves, but also for their peers across the country, by taking on a breakfast challenge.

About a dozen finicky young foodies put their taste buds to the test to pick out some delectable dishes for the district's expanded breakfast menu.

Among the top picks made by this breakfast club were Greek yogurt in a tube, and packaged chunks of cheese. Another favorite was sausage on a stick wrapped in a whole wheat pancake, said Kerry Butrick Dowling, community relations specialist for the district.

Their recommendations will be passed along to districts across the nation, since Newburgh was selected as one of eleven finalists to take part in the Superintendent Leadership to Expand the School Breakfast Program, which is sponsored by the American Association of School Administrators.

In exchange for Newburgh's participation, all students in the district will be eligible for free breakfast, said Dowling. Not a bad deal. Now, drink your milk and finish your cereal.

Pauline Liu

Funding for police departments

Several area police departments have some extra money in their budgets, thanks to State Sen. Bill Larkin.

Sen. Larkin, R-C, Cornwall-on-Hudson, recently announced he had obtained state funding in response to direct requests from the departments.

The grants included \$75,000 for the City of Newburgh, \$10,000 apiece for the villages of Maybrook and Montgomery, and \$5,000 for the Village of Walden.

Newburgh acting police Chief Daniel Cameron thanked Larkin and said the money would be used for maintenance of the department's street cameras and for its community policing strategies.

Sgt. Michael Maresca of the Maybrook Police Department said their funding will go toward standardizing their weapons, computers and other items that contribute to public safety.

"I am proud to support our police departments," Larkin said in a statement. "Our local law enforcement officials put their lives on the line every day and for that we owe them a debt of gratitude. As we saw recently with the manhunt for the two escaped murderers in upstate New York, our officers can be called on at a moment's notice. Every day they work to keep us safe and these recent events should remind us not to take them for granted."

Michael Randall

Mount hosts admissions event

Mount Saint Mary College will host its next one-stop admissions event from 10 a.m. to 7 p.m. July 21 at the Kaplan Family Mathematics, Science and Technology Center, 330 Powell Avenue in Newburgh.

The event offers prospective students a chance to speak with admissions and academic advisors about their degree plans, the college's application process, schedules and financial aid.

In addition to undergraduate degrees in dozens of fields, the Mount offers master's degrees in business, education and nursing. For busy working adults, the Mount offers accelerated programs with evening and weekend classes.

You can register online at www.msmc.edu, or call 1-888-937-6762.

Michael Randall